

## KIDney Notes

The ASPN Newsletter

### FROM THE PRESIDENT



Hot off the press! We have some exciting news to share with all of you. The 2022 and 2023 ASPN Founders' Award recipients are **Vicky Norwood** and **Blanche Chavers**. We look forward to being able to recognize their outstanding contributions to the field of pediatric nephrology at the Awards Luncheon at PAS on Saturday, April 29, 2023, at 12:30 PM. I am particularly proud to celebrate their inspiring careers during

Women's History Month. The Founders' Award was first awarded in 1996. Of the 31 winners to date, six have been women – Barbara Cole (2006), Eileen Brewer (2010), Julie Ingelfinger (2012), Sharon Perlman (2017), Sandra Watkins (2017), and Sharon Andreoli (2021). Please join me in congratulating Vicky and Blanche on this well-deserved recognition and for being role models for all of us.



Victoria Norwood



Blanche Chavers

ASPN Central is busy getting ready to welcome all of you to Washington DC for our Annual Meeting at PAS. Huge thanks to **Kim Reidy** and the Program Committee who are working tirelessly putting last minute touches on an outstanding scientific meeting. We are looking forward to the **12 ASPN Committee and Interest Group** meetings that are taking place during PAS. As a reminder, all are welcome to join these meetings. Don't be shy! This is a terrific opportunity to meet the group members in person and hear what they are working on to see if it aligns with your interests. Mark your calendar for the **ASPN Business Meeting** on Sunday, April 30, 2023, at 9:30 AM where we will be sharing highlights from the Strategic Plan as well as Committee/Interest Group updates. In addition, we will be announcing the first winners of our three new awards – the

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### Follow Us



**ASPN Outstanding Service Award, the ASPN Equity, Social Justice and Advocacy Award, and the ASPN Mid-Career Award.** Don't miss the chance to see who will be walking down the red carpet! We are thrilled to be welcoming **18 trainees** who will be supported by **ASPN Foundation Travel Grants.** Our future is bright! Thank you to the ASPN Foundation and all those who have donated to make this possible.

Finally, we recognize that not all ASPN members are able to attend PAS due to clinical and other

responsibilities. In order to ensure you are kept up to date, we will be hosting a Town Hall in May to share the highlights and accomplishments and gather your feedback.

As always, thank you for all you do for our society. Please don't hesitate to reach out to me at [jodi.smith@seattlechildrens.org](mailto:jodi.smith@seattlechildrens.org) with any questions or concerns.

Jodi

Leadership Development Program	4/27/2023	7:30 AM – 5:00 PM	Renaissance: Meeting Room 3
Program Committee	4/28/2023	8:00 AM – 1:30 PM	Renaissance: Meeting Room 3
Council Meeting	4/28/2023	8:00 AM – 1:30 PM	Renaissance: Meeting Room 4
Resident/Student Mentorship Breakfast	4/29/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 2
Global Health	4/29/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 9
Certification Committee Meeting	4/29/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 16
JEDI Committee	4/29/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 8
Awards Luncheon	4/29/2023	12:30 PM – 2:00 PM	Convention Center-TBD
Public Policy Committee	4/29/2023	6:30 PM – 7:30 PM	Renaissance: Rock Creek Salon B
Communications Committee	4/29/2023	6:30 PM – 7:30 PM	Renaissance: Meeting Room 16
Clinical Affairs Committee	4/30/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 3
Small Group Division Breakfast	4/30/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 2
Presidential Address and Business Meeting	4/30/2023	9:30 AM – 11:30 AM	Convention Center-TBD
Acute Care Nephrology Interest Group	4/30/2023	12:30 PM – 1:30 PM	Renaissance: Meeting Room 11
CPC Fellows Luncheon: Battle of the Brains	4/30/2023	12:30 PM – 2:00 PM	Renaissance: Meeting Room 3
Research Committee	4/30/2023	12:30 PM – 1:30 PM	Renaissance: Meeting Room 5
Workforce Committee	4/30/2023	12:30 PM – 1:30 PM	Renaissance: Meeting Room 4
Fellow Job Search and Speed Mentoring Event	4/30/2023	6:30 PM – 7:30 PM	Renaissance: Meeting Room 2
Member Reception	4/30/2023	7:30 PM – 9:00 PM	Renaissance: River Birch AB
Membership Committee	5/1/2023	7:00 AM – 8:00 AM	Renaissance: Meeting Room 3



Jodi Smith, MD, President



Michael Somers, MD, Past President



Meredith Atkinson, MD, President-Elect



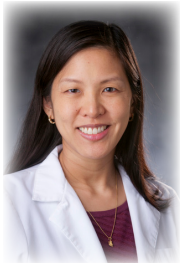
Sandra Amaral, MD, Secretary



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Vikas Dharnidharka, MD, Councilor



Lyndsay Harshman, MD, Councilor



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# ASPEN Leadership

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*The University of Iowa*

Marva Moxey-Mims, MD (2026)  
*Children's National Hospital*

Priya Verghese, MD, MPH (2024)  
*Northwestern University,  
Feinberg School of Medicine*

### Washington Representative

Erika Miller, JD  
*Cavarocchi Ruscio Dennis Assoc, L.L.C.*

## NEWSLETTER

Raja Sekhar Dandamudi, MD  
*Washington University School of  
Medicine in St. Louis*

Radha Gajjar, MD, MSCE  
*Weill Cornell Medical College*

Sai Sudha Mannemuddhu, MD  
*East Tennessee Children's Hospital*

# ASPN CORPORATE LIAISON BOARD



ASPN Central Office  
Connie Mackay | Executive Director  
6728 Old McLean Village Drive | McLean VA | 22101  
Phone 703-556-9222 | Fax 703-556-8729  
info@aspneph.org | www.aspneph.org  
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## JELF Scholars Update

Hello, pediatric kidney community! March is National Kidney Month! Thank yourself and each other for the exceptional care you give to children with kidney diseases. Every day, I know you're advocating for our patients because I'm there too. I really believe what we do individually matters. Last year, I applied to be a JELF scholar because I wanted to cultivate my advocacy voice. I'm grateful the American Society of Pediatric Nephrology is invested in training JELF scholars.

This past year as a JELF scholar has been fun mixed with one part challenging, one part daunting, and one part overwhelming. But I did mention that it's been fun too, right?

It's challenging learning something new and then trying to speak "expertly" about it. For Kidney Community Advocacy Day (KCAD) 2022 in September, KCAD Team California met virtually with Californian representatives to ask them to advance The Living Donor Protection Act (LDPA) (H.R. 1255/S. 377). This would remove barriers faced by living organ donors and help increase access to transplantation. The LDPA is not something new to me being previously involved in kidney transplantation and donor advocacy. But learning about all the procedural hurdles was certainly new and that was my challenge. I was the only physician rep on our team; my other team members were experienced community advocates; ASN Strategic Policy Advisor led the conversation. I shared how LDPA would help improve the lives of our children. There was an ease in talking about what I know and that's children with kidney disease and children in need of kidney transplants. There was positive feedback on how valuable my perspective is. And then there was a steep learning curve about subcommittees where the LDPA seemed to be "stuck."

Why daunting? Because I'm a doctor, not a lawyer, not a politician. And I'm sure many of you would say the same. I still feel like I'm trying to find my place in this advocacy world. But there are also many among us pediatric nephrologists like

Drs. Eileen Brewer, Vicky Norwood, David Hains, and many more who do not seem phased and are empowered by their knowledge that many politicians do not have. I certainly look forward to working with them to grow through this self limiting thought.

I'm sure you've already sensed how it can be overwhelming. Seriously, we are facing a lot of issues and how do we stay up to date with every issue, keep a timeline of past issues and anticipate new issues while still being at the bedside with patients every day. I have our monthly JELF talks, part of our curriculum, to help with this. I'm also learning a lot by listening to Erika Miller, our Washington Representative, on ASPN Public Policy Committee meetings plus reading more as I work on developing my scholarly project.



Photo booth fun with Ray Bignall, Patty Seo-Mayer, Anne Dawson, Zubin Modi in Indianapolis.

I did also mention fun, right? As co-JELFer Carlos Becerril Romero previously described about our in-person meeting in Indianapolis, we had a great time talking about advocacy with this renewed energy. After KCAD, I felt this amazing energy that I can only describe as passion. And when I'm passionate about what I do, it really can be so fun. I'm excited that I've planned a day in Salem this month to sit in on some subcommittee hearings so I can learn the process in person. Then, following PAS/ASPN conference, May 2nd will be our in-person Hill Day, advocacy in action at the Capitol!

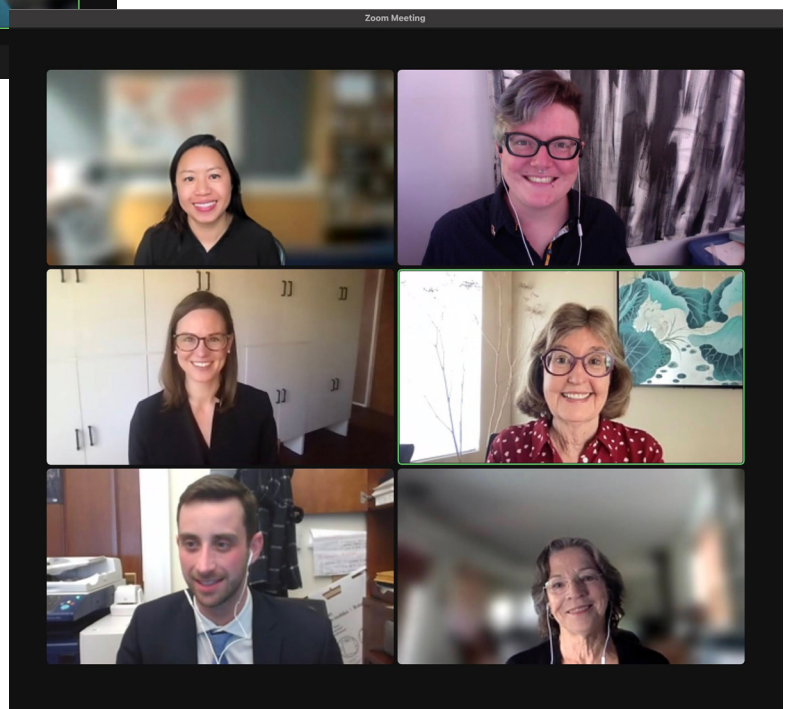
If you're interested in advocacy beyond the bedside but don't know where to start, I challenge you to make advocacy one of your journal club topics this year. Or consider listening in to public policy committee meetings and see what sparks your interest. Consider applying to be a JELF Scholar; application is due March. If not this year, maybe next year.

Thanks so much for reading. Stay tuned. There's growth ahead.

*Lieuko Nguyen, MD, FAAP*



KCAD advocates Sea Krob (PKD Foundation), Nancy Marlin (NKF), Lieuko Nguyen (ASPN), Catherine M Sjostedt (PKD Foundation), Rachel Meyer (ASN) at our virtual Congressional meetings



# ANNOUNCEMENTS

## Looking forward to the upcoming 2023 Pediatric Academic Societies (PAS) meeting

A big thanks to our 2023 ASPN PAS Program committee and the speakers and moderators who will contribute to the sessions. There is great content to look forward to at our upcoming PAS meeting. As a reminder, the meeting will be held between April 27– May 1, 2023. at the Walter E. Washington Convention Center in Washington, D.C.

Please note that this year there will not be any live streaming or pre-recorded ASPN sessions except for oral abstracts and posters if you are choosing the virtual only option for PAS. You may also consider registering for the pre-program content, which includes “Neonatal Acute Kidney Injury (AKI): From Basic and Clinical Science to Caring for Baby (and their beans) in the crib” on Friday, April 28. There will be a Networking session for Neonatal Nephrology on Saturday April 29. As a reminder, you can find the information about ASPN awards luncheon, business meeting, reception, and committee meetings during the PAS on the ASPN website <https://www.aspneph.org/meetings-at-pas/>. Hope to see many of you at PAS!

*Submitted by Kim Reidy on behalf of the 2023 PAS Program Committee*

## Help wanted – *Pediatric Nephrology*

We need you! The last 3 years have seen an increase in the number of submissions to the journal, which is a welcome development, but it has created a reviewer shortage problem. We try to get 3 reviews per manuscript, but often have to settle for 2, and sometimes only 1, because we are unable to find enough reviewers. Our editorial board members have been doing more reviews, but they have their limits as well. So we are actively seeking out new reviewers, especially junior and mid-level people who have never reviewed for us before.



Why should you consider being a reviewer? Here's a list of reasons:

- It's a chance to give back to the scientific community – help others to improve their manuscripts
- Become acquainted with the latest developments in your field
  - Helps with academic advancement –
  - Shows evidence of service and external recognition when going up for promotion
  - Can result in invitations to write editorials/commentaries, and to serve on editorial boards

Interested? Want to learn more? You can always send me an email ([Joseph.flynn@seattlechildrens.org](mailto:Joseph.flynn@seattlechildrens.org)), I try to reply to every one that I receive. You can also register on the journal's Editorial Manager page (<https://www.editorialmanager.com/pnep/default2.aspx>) and then let us know by emailing me or the journal's managing editor at [pednepheditorial@uw.edu](mailto:pednepheditorial@uw.edu) telling us that you have registered and what your areas of interest/expertise are.

Looking forward to welcoming many of you into our reviewer community!

Joseph T Flynn, MD, MS  
Editor-in-Chief, *Pediatric Nephrology*

# #FOAMed and #SoMe!

## What's brewing!!!

Dear fellow nephrons,  
We are delighted to bring you this new free open-access medical education (#FOAMed) and social media (#SoMe) section. This will include all the related announcements and related projects. Please submit any #FOAMed projects, suggestions, and feedback to Sudha Mannemuddhu.

### 1. ASPN social media (#SoMe) accounts

- ✚ Twitter: [@ASPNeph](https://twitter.com/ASPNeph)
- ✚ IG: [aspneph](https://www.instagram.com/aspneph)
- ✚ Facebook: [aspneph](https://www.facebook.com/aspneph)

### 2. Tweetorials:

- ✚ [#ASPNOAM group](https://twitter.com/ASPNFOAM) started in Oct 2020, is a group of 15+ trainees and faculty who put together a monthly tweetorial and infographics.



Latest: [ACMR](#) by [Shweta Shah](#)  
Please find links to tweetorials, PDF documents, and additional FOAMed resources on the ['#ASPNOAM group'](#) webpage. If you are interested in joining the

group, please get in touch with [Sudha M.](#)

### 3. Blogposts



The ['LITTLE BEANS' community](#) delivers 'Nephron-size' concepts in pediatric nephrology useful for the wards and the boards.

Latest: [Ketogenic diet and Kidneys: The K2 Dynamic.](#)

By [Mugdha Rairikar](#), and [Shweta Shah](#).

Follow [@LittleBeans22](https://twitter.com/LittleBeans22)

If you are interested in writing about interesting or less discussed nephrology topics, join this group amazing group.

- ✚ [KIREports Community](#)
- ✚ [The Renal Fellow Network](#)
- ✚ [The Nephron Power](#)
- ✚ [AJKD Blog](#)
- ✚ [PBfluids.com](https://www.pbfluids.com)

### 4. New Nephrology learning tools



<https://www.visualnephron.com/>



#### [Kidney.wiki](#)

Established in 2021, kidney.wiki is a free, open-access medical education resource for pediatric nephrology intended for use by practitioners and learners at all levels of training. Created by [Ryan Town](#)

### 5. Journal Clubs:



[IPNAJC](#): The official Twitter journal club of the International Pediatric Nephrology Association.  
[#IPNAJC](#) Twitter: [@IPNAJC](https://twitter.com/IPNAJC)  
Latest JC- Jan 2023 (Joint [#NephJC](#) and [#IPNAJC](#)): Effects of Bardoxolone Methyl in Alport Syndrome. PMID: 36411058; PMCID: PMC9718021.

[Summary Infographics.](#)

Previous JC can be located at [IPNAJC](#)

Upcoming JC:

**Pediatric Nephrology Journal Club**  
**IPNAJC**

Save the date  
Apr 19, 2023: 0900PM EDT/ 0800 PM CDT/ 0600 PM PDT  
Apr 20, 2023 0900PM IST/ 0430PM BST/ 0530PM CEST

Article: **Uncovering risk factors for kidney injury in children with a solitary functioning kidney (PMID:36374825)**

HOST: IPNA Communications & #SoMe Committee

**#IPNAJC**

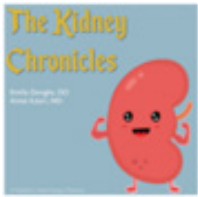


[NephJC](#) is an online medical journal club that utilizes the nephrology (and related specialties) Twitter community to generate discussion and review current literature related to nephrology. [#NephJC](#)

Twitter: [@NephJC](https://twitter.com/NephJC)



6. Nephrology Podcasts:



**The Kidney Chronicles** by [Emily Zangla](#) is a pediatric nephrology podcast that discusses various PedNeph topics with experts. Latest: Episodes 14 & 15 on **Neurodevelopment in pediatric CKD & All you need to know about membranous nephropathy** available on [Pod bean](#) and [Spotify!](#) Email: [doctoremilyz@gmail.com](mailto:doctoremilyz@gmail.com).



**The Sediment** – the official ASPN Podcast for PAS meeting– Season 2- Live from Denver, CO. [#TheSediment](#) [#ASPN22](#) Editor: [Sudha Garimella](#)

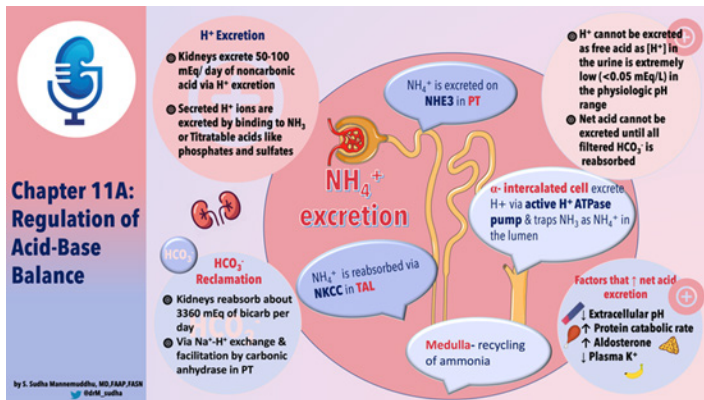
In case you missed it, recordings from PAS 2022 can be downloaded on [Apple](#) & [Spotify](#). Season 3 will cover PAS 2023 meeting from Washington, DC. If you would like to co-host or volunteer, please contact Sudha Garimella at [Sudha.Garimella@prismahealth.org](mailto:Sudha.Garimella@prismahealth.org).



[Channel your enthusiasm.](#)

The Burton Rose Book Club is a podcast that discusses chapters from ‘The Clinical

Physiology of acid-base and electrolyte disorders. Twitter [@BookBurton](#). **Chapter 11-part A** on ‘Regulation of Acid-Base balance’ and ‘A very special episode: Meet the Glaucomfleken’s’ is [available on multiple platforms](#).



**Freely filtered** is a twice-monthly podcast (that is aspirational, not a promise) which discusses recent NephJC journal clubs. They also discuss other significant events in the world of nephrology. **Latest episodes 55-57- STOP-**

**ACE, MYTEMP, #Nephmadness pod crawl 2023, and #Nephmadness TMA region.** Twitter: [@NephJC Podcast](#). Available on [multiple platforms](#).



**The Nephron Segment: A Kidney Podcast** is a new kidney podcast by Neph\_Sim. Twitter: [@nephronsegment](#).

**Latest: Episodes 8 & 9: Mental health and kidney disease & Transgender health and Nephmadness.**

See you in the following KIDney notes.

**Sudha Mannemuddhu**, Twitter: [@drM\\_Sudha](#) email: [dr.saisudhamm@gmail.com](mailto:dr.saisudhamm@gmail.com)

ARE YOU A CANVA WHIZ?  
DO YOU SCROLL INSTAGRAM HOURLY?

JOIN OUR @ASPNEPH  
INSTAGRAM TEAM

We are looking for new members who will help us increase our engagement and post more regularly.

REACH OUT TO:  
ASHLEY RAWSON AT [ASHLEY1027@GMAIL.COM](mailto:ASHLEY1027@GMAIL.COM) OR  
LELA VILLEGAS LEONELA.VILLEGAS@GMAIL.COM