

# School and Peer Issues for Children with Special Health Care Needs

Laura Mutrie, MSW, LCSW

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# Prevalence of CSHCN Increasing

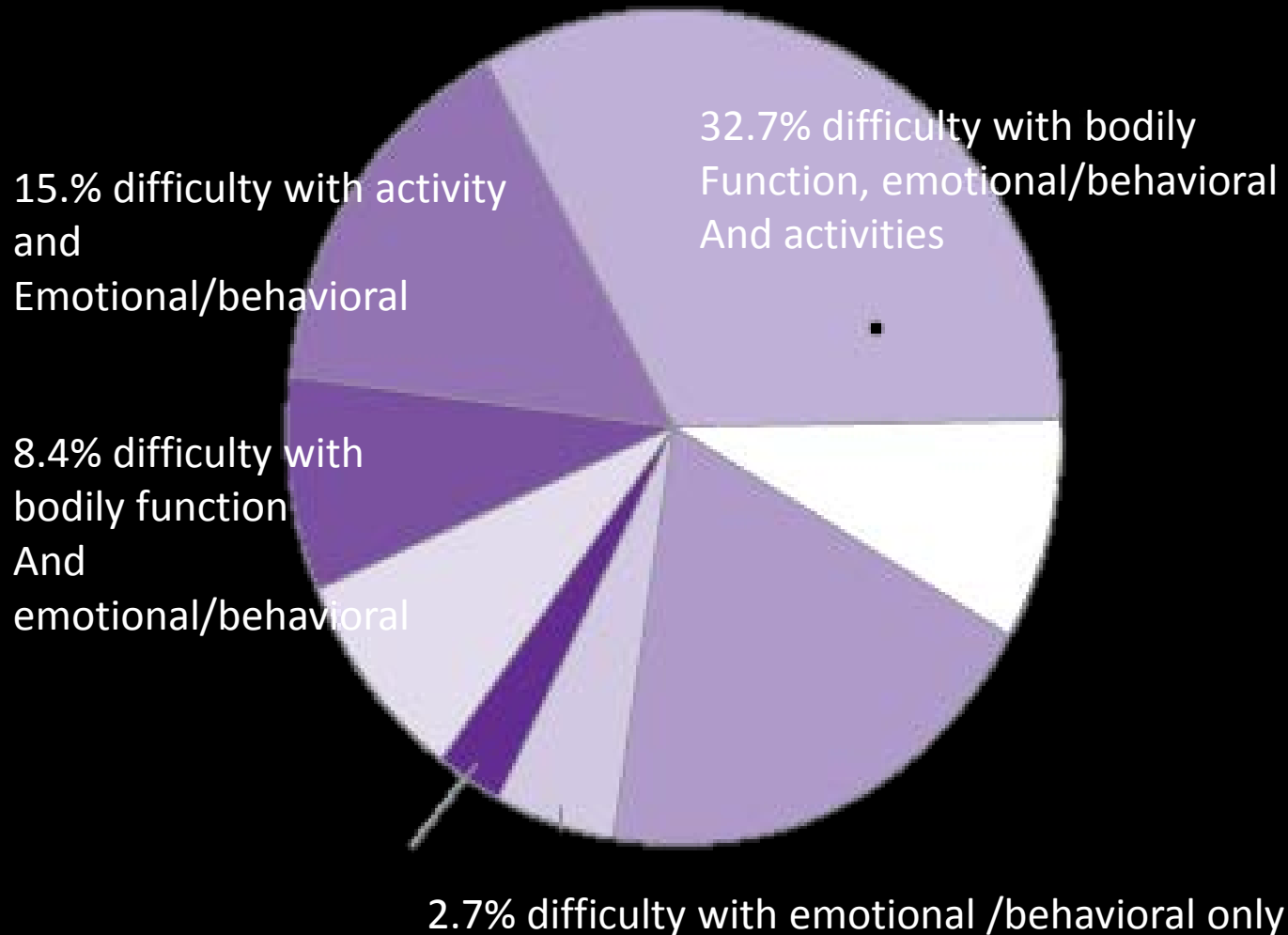
- 2005-2006 : 13.9%
- 2009-2010: 15.1%
- 2011-2012: 19.8%

## Percent of CSHCN Receiving Special Education

- 2009-2010: 29.6%
- 78.9% of those are identified between ages 3 and 10



# Distribution of Functional Difficulties among CSHCN





# Psychosocial Impacts on Child affect school and community participation

- Self image
- Peer Relationships
- Engaging in social activities
- Attention
- Learning
- Attendance
- Behavior
- Nutrition
- Mood
- Development



# Impacts on Parents/Family

- Sense of loss, guilt
- Feeling overwhelmed
- Financial: time spent on care and coordination can lead to time away from work
- Siblings receive less attention
- Strain on relationships



# School: 504 vs. Special Education

- 504 accommodations are provided when the child is learning as expected but needs accommodations (e.g. bathroom access); danger of home instruction being used as accommodation
- Special Education is provided when a child's disability identified after an individualized evaluation is determined to "adversely affect educational performance"



# Evidence-informed interventions for CSHCN and their families

- Utilization of a strengths perspective
- Buddy systems, peer helpers, peer support
- Family-centered care coordination
- Empowering parents as team members – healthcare teams, Planning and Placement Teams (PPT), community care coordination teams
- Group interventions for kids, siblings
- Educating classmates
- Safety Plans for school and in community
- Identification of a point person at school



# Case Study Example



Nora and Kirin



# Group Exercise Directions

- Discuss the referrals, interventions, and supports you would recommend for Kirin and Nora related to school. How would you work with Nora around her relationship with the school? Describe your role with Kirin.
- Discuss the referrals, interventions and supports you would recommend for Kirin and Nora in the community. Explain your reasons within for each considering impacts and barriers they face individually and as a family.



# Selected Citations

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