

American Society *of*
Pediatric Nephrology

8th Annual ASPN Multidisciplinary Symposium

Now Virtual!



November 12-13, 2020

www.ASPNeph.org

8th Annual ASPN Multidisciplinary Symposium

PROGRAM AGENDA

THURSDAY, NOVEMBER 12, 2020

1:00 - 2:00 pm ET	12:00 - 1:00 pm CT	10:00 - 11:00 am PT
ETHICS - Caregiver Burden in Chronic Illness		Aaron Wightman, MD Seattle, WA
2:00 - 3:00 pm ET	1:00 - 2:00 pm CT	11:00 - 12:00 pm PT
Difficult Patient and Difficult Parent		Celine Hamilton, MD Hollywood, FL
3:00 - 4:00 pm ET	2:00 - 3:00 pm CT	12:00 - 1:00 pm PT
Navigating the Urgent Needs of Children with Chronic Illness in COVID-19 Pandemic		Jeffrey Saland, MD and Renal Team Mount Sinai, NY
4:00 - 5:00 pm ET	3:00 - 4:00 pm CT	1:00 - 2:00 pm PT
Healthcare Transition Preparation from Pediatric- to Adult-Focused Health Care		Maria E. Diaz-Gonzalez de Ferris, MD, MPH, PhD Chapel Hill, NC

FRIDAY, NOVEMBER 13, 2020

THREE SPLIT SESSIONS - NURSES, SOCIAL WORKERS, DIETITIANS

NURSES

1:00 - 2:00 pm ET	12:00 - 1:00 pm CT	10:00 - 11:00 am PT
Enuresis and Dysfunctional Voiding		Miguel Castellán, MD Miami, FL
2:00 - 3:00 pm ET	1:00 - 2:00 pm CT	11:00 - 12:00 pm PT
Technology in Nephrology		David Askenazi, MD and Amanda O'Hara, RN, BSN Birmingham, AL
3:00 - 4:00 pm ET	2:00 - 3:00 pm CT	12:00 - 1:00 pm PT
Nephrotic Syndrome – When things get Complicated. The role of Rituximab		William Smoyer, MD and Mahmoud Kallash, MD Columbus, OH

ADVOCACY

EDUCATION

RESEARCH

8th Annual ASPN Multidisciplinary Symposium

PROGRAM AGENDA

FRIDAY, NOVEMBER 13, 2020, Continued

SOCIAL WORKERS

1:00 - 2:00 pm ET 12:00 - 1:00 pm CT 10:00 - 11:00 am PT

Challenges Associated with Accessing Care for Undocumented Patients

*Kaitlyn M. Virola, LMSW
Houston, TX*

2:00 - 3:00 pm ET 1:00 - 2:00 pm CT 11:00 - 12:00 pm PT

Everyday Bias in Pediatric Nephrology: Implicit Bias in Kidney Care and Society, and What We Can Do About It

*O.N. Ray Bignall, II, MD
Columbus, OH*

3:00 - 4:00 pm ET 2:00 - 3:00 pm CT 12:00 - 1:00 pm PT

Barriers in Mental Health Access for CKD Patients

*Matthew Paek, LICSW, CCTSW and Kathryn LaFrance, LCSW
Boston, MA*

DIETITIANS

1:00 - 2:00 pm ET 12:00 - 1:00 pm CT 10:00 - 11:00 am PT

Current Challenges Found in the Management of Potassium in the Pediatric Patient with Chronic Kidney Disease

*Christine O'Connor, RD, CSR, LD
Cincinnati, OH*

2:00 - 3:00 pm ET 1:00 - 2:00 pm CT 11:00 - 12:00 pm PT

Nutrition Assessment and Management of Infant w/CKD

*Rachel Damiani, MS, RD, LDN, CCTD
and Nicole Quinn, MS, RD, LDN, Boston, MA*

3:00 - 4:00 pm ET 2:00 - 3:00 pm CT 12:00 - 1:00 pm PT

Nutritional Management of Hypertension

*Maggie Murphy, PhD, RD, LD, FAND
Lexington, KY*

COMBINED FINAL SESSION

4:00 - 5:00 pm ET 3:00 - 4:00 pm CT 1:00 - 2:00 pm PT

When Impossible becomes Possible

*Michele Sasso, MBA
Boston, MA*

ADVOCACY

EDUCATION

RESEARCH

8th Annual ASPN Multidisciplinary Symposium

Conference Chair



Ewa Elenberg, MD, MEd, Chair
Associate Professor of Pediatrics
Renal Service, Texas Children's Hospital
Baylor College of Medicine, Houston, Texas

Dr. Elenberg is an Associate Professor in Pediatric Nephrology, Baylor Medical School, Texas Children's Hospital in Houston, Texas. In 2012 she graduated from the University of Houston with the degree of Master in Education. She has a special interest in cystinosis, with an extensive experience in education in cystinosis, presenting over 60 lectures on national and international level. Her dedication to this patient population earned her special recognition among doctors, patients, and their families. At Baylor College of Medicine she received two prestigious Fulbright & Jaworsky Faculty Excellence Awards, in 2011 in the category of Teaching and Education and in 2015 in the category of Educational Leadership.

Organizing Committee



Carolyn Abitbol, MD
Holtz Children's Hospital
University of Miami
Miami, FL



Heidi Colbert, MSW
Children's National Hospital
Washington, DC



Alex Constantinescu, MD
Joe DiMaggio Children's Hospital
Hollywood, FL



Marisa Juarez, MPH, RD, LD
Texas Children's Hospital
Houston, TX



Asha Moudgil, MD, FASN
Children's National Hospital
Washington, DC



Lisa Palm, RN
Children's Health Care of Atlanta
Atlanta, GA



Courtney E. Schultz, RN
American Family Children's Hospital
Madison, WI



Kristen Sgambat RD, PhD
Children's National Hospital
Washington, DC

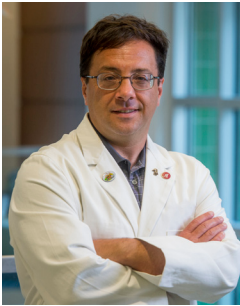
ADVOCACY

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RESEARCH

8th Annual ASPN Multidisciplinary Symposium

Faculty



David Askenazi, MD

David Askenazi was born in Mexico City, and grew up in El Paso Texas. He attended the University of Texas at Austin for undergrad, the University of Texas Medical Branch at Galveston for medical school, Austin Pediatric Education Program in Austin Texas for Pediatric Residency, Baylor College of Medicine / Texas Children's Hospital for pediatric nephrology fellowship. He has been at the University of Alabama at Birmingham where he received an Master of Science in Clinical Research and has climbed the academic ladder from Assistant to Associate to full Professor. He is the Medical Director of the Pediatric and Infant Center for Acute Care Nephrology, and was the founder and current Board Chair for the Neonatal Kidney Collaborative. He has received numerous research and education grants from industry, FDA, NIH, and Foundations.

David Askenazi did his pediatric nephrology fellowship at Baylor College of Medicine / Texas Children's Hospital. He has been at the University of Alabama at Birmingham where he received an Master of Science in Clinical Research and has climbed the academic ladder from Assistant to Associate to full Professor. He is the Medical Director of the Pediatric and Infant Center for Acute Care Nephrology, and the founder and current Board Chair for the Neonatal Kidney Collaborative.



O. N. Ray Bignall II, MD

Dr. Bignall is Director of Kidney Health Advocacy and Community Engagement, and Assistant Professor of Pediatrics in the Division of Nephrology and Hypertension at Nationwide Children's Hospital and The Ohio State University College of Medicine. Dr. Bignall received his Bachelor of Science in Biology from Howard University, a Doctorate of Medicine from Meharry Medical College, and a Certificate in Health Policy at the Robert Wood Johnson Foundation Center for Health Policy at Meharry. He completed his general pediatrics residency, clinical fellowship in nephrology, and a National Institutes of Health T32 post-doctoral research fellowship in the Center for Treatment Adherence and Self-Management, all at Cincinnati Children's Hospital Medical Center.

As a pediatric kidney disease specialist, Dr. Bignall's work addresses the social determinants of child health, kidney disease and transplantation through community-based research, engagement, advocacy, and education. He is a recipient of the American Academy of Pediatrics Community Access to Child Health (CATCH) Award, the John E Lewy Fund Advocacy Scholarship of the American Society of Pediatric Nephrology, and was recognized as a 40 Under 40 Leader in Minority Health by the National Minority Quality Forum and the Congressional Black Caucus Health Braintrust.



Miguel Castellan, MD

Dr. Miguel Castellan is the Program Director of the ACGME-accredited Pediatric Urology Fellowship at Nicklaus Children Hospital's in Miami, FL. He completed his urology residency training at Jackson Memorial Hospital/University of Miami, FL. He subsequently undertook a fellowship in Pediatric Urology at Miami Children's Hospital, Miami, FL. He was initially trained and worked as a Pediatric Urologist in Argentina. Dr. Castellan has published articles in numerous peer-reviewed journals, including the Journal of Urology, Journal of Pediatric Urology, British Journal of Urology and Urology. He is also an active reviewer and editor of many national and international urologic journals. He has also been invited as a speaker to multiple national and international urologic societies and meetings.

He was the President of the Ibero-American Society of Pediatric Urology (2010/12, SIUP). He is a member of several professional organizations, including the American Urological Association, Society of Pediatric Urology, Society of fetal urology and, SIUP.

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Faculty



Rachel Damiani, MS, RD, LDN, CCTD

Rachel Damiani, MS, RD, LDN, CCTD joined the End Stage Renal Disease program at Boston Children's Hospital in 2017. She earned her Bachelor of Science in Dietetics from the University of Connecticut and completed her Master of Science in Nutrition from the University of Saint Joseph. Prior to her current position, Rachel worked as a dietitian specializing in eating disorders at Hasbro Children's Hospital in Providence, RI. Her clinical interests include pediatric growth and renal nutrition. In her spare time, Rachel enjoys spending time with her family and practicing yoga.



Maria Diaz-Gonzalez de Ferris, MD, MPH, PhD

Dr. Diaz-Gonzalez de Ferris is a Professor, the Director of the Health Care Transition Program and the Associate Director for the Office of Medical Student Research at the University of North Carolina at Chapel Hill School of Medicine. She founded the annual international pediatric nephrology fellows conference. As a specialist in pediatric nephrology and pediatric complex care, her research focuses on the life course of chronic kidney disease and healthcare transitions from pediatric- to adult-focused healthcare. Dr. Ferris and her laboratory team developed tools to measure healthcare transition preparation and have published over 70 manuscripts in this area. Dr. Ferris has received many awards and is internationally recognized for her work evaluating children's readiness for increasing autonomy in their healthcare.



Celine Hamilton, MD

I am a child and adolescent psychiatrist at Joe DiMaggio Children's Hospital. I trained in the Triple Board Residency Program at Mount Sinai Medical Center in pediatrics, adult psychiatry, and child and adolescent psychiatry, and am board certified in all three disciplines.

As a pediatrician, I am familiar with normal child development, as well as the many medical illnesses that affect children. As a child and adolescent psychiatrist, I identify, diagnose and treat the mental health concerns that represent aberrations in the normal developmental trajectory.

I work with children of all ages to treat depression and anxiety, suicidality, disruptive behaviors, obsessive-compulsive disorder, psychoses, and disorders of mood regulation. I have worked extensively with children in impoverished circumstances, as well as those who are in care due to family history of substance abuse, or due to abuse or neglect in the home. I have also worked with children with learning difficulties that contribute to mental health problems, as well as children with mental health problems that impede their ability to learn.

As a child and adolescent psychiatrist, my primary job is to listen to, and hear, my patients and their families. For so many, just being heard is cathartic. I gain tremendous satisfaction from developing a working relationship with my patients that results in substantive change for them and their families.

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Faculty



Mahmoud Kallash, MD

I am an assistant professor of Pediatric nephrology at Nationwide Children's Hospital and the Associated program director of the fellowship. My main interest in research is about GN and especially NS. I have been practicing Nephrology since 2013.



Kathryn LaFrance, LCSW

Kathryn LaFrance, LCSW, joined the Renal Transplant Team at Boston Children's Hospital in December 2019. She earned her Bachelor's in Psychology from University of New Hampshire. She earned her Master of Social Work from University of New Hampshire. Kathryn was previously a clinical social worker on the adult inpatient renal service at Boston Medical Center. Kathryn is a member of the Society of Transplant Social Workers.



Maggie Murphy, PhD, RD, LD, FAND

Maggie Murphy is Assistant Professor of Pediatrics and Urology, Pediatric Renal Dietitian. Maggie Murphy joined the division of Pediatric Nephrology at the University of Kentucky Children's Hospital over 4 years ago. Current research projects include investigating the role of environmental pollutants in the development of cardiovascular and renal disease in children, prevention of kidney stone recurrence in children, and mindful eating as a strategy to reduce cardiovascular risk in obese adolescents. Prior to this position, Maggie had experience in obesity and diabetes research, specifically how early life stress such as child abuse and neglect can predispose an individual to develop metabolic syndrome including hypertension in adulthood. Maggie's educational background includes a PhD in Nutritional Sciences and an MS in Dietetics Administration from the University of Kentucky. She obtained a B.S. in Food Science and Human Nutrition from the University of Florida. She currently serves on the Committee of Lifelong Learning for the Academy of Nutrition and Dietetics and Delegate for the Kentucky Academy of Nutrition and Dietetics and has previously served as President, Treasurer and State Policy Representative. She recently married in August as a Covid-19 bride and enjoys running marathons and playing with her golden retriever Max.

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Faculty



Chrisy O'Connor, RD, CSR, LD

Chrisy O'Connor, RD, CSR, LD is a board- certified specialist in renal nutrition. She obtained her BS in Nutrition and Dietetics at the University of Cincinnati. She has been a registered dietitian for 28 years practicing in adult nutrition weight management and private practice up until the past 11 1/2 years with focus on renal nutrition. She has participated in various educational presentations, quality improvement projects for phosphorus and Vitamin D in chronic kidney disease pediatric population. Co-author in the Chronic Kidney Disease chapter in the 5th edition of the Pediatric Nutrition Handbook, a college text book for nutrition students (Jones and Bartlett Publishers, 2018). There are many challenges to providing nutrition to pediatric patients, especially those with chronic kidney disease, but Chrisy finds those challenges to be an opportunity to learn and to achieve optimal outcomes.

Chrisy O'Connor's long term goals are to continue to work closely with pediatric population but switching gears from renal nutrition to focusing on neonates in the NICU follow up clinic. Goal is to provide feeding plans to continue to optimize growth and nutrition and to build a bridge with care givers to make feeding plans realistic and achievable at home.



Amanda O'Hara, RN, BSN

Amanda Harbin O'Hara, RN, BSN, was born in Birmingham, AL and grew up in suburb outside of Birmingham called Pleasant Grove. She received her Bachelor of Science degree in nursing from the University of Alabama at Birmingham. She has 9 years of pediatric nursing experience and 5 years of experience as a pediatric dialysis nurse at Children's of Alabama. While working in the dialysis unit she had many different roles such as access coordinator, assistant home therapies coordinator, orientation coordinator and charge nurse. She currently works in Nephrology as a nurse clinician to 3 different providers. She has a passion for nephrology and enjoys providing her unique perspective now that she has worked with chronic kidney disease patients and end stage renal disease patients. Amanda's goal is to always be a patient advocate and provide a stable but genuine approach to nursing care. Amanda lives with her husband Tim and their daughter Lucy.



Matthew Paek, LICSW, CCTSW

Matthew Jared Paek, LICSW, CCTSW, joined the Renal Transplant Team in December 2013. He earned his Bachelor's in Psychology and Theatre Arts from Rutgers College. He earned his Masters of Arts in Psychology from Boston University, and a Master of Social Work from Boston College. Matthew was previously a Senior Clinical Research Coordinator in kidney transplantation at The Transplant Institute of Beth Israel Deaconess Medical Center in Boston, MA. Matthew is a member of the Society of Transplant Social Workers, and a Certified Clinical Transplant Social Worker.



Nicole Quinn, MS, RD, LDN

I have been a Registered Dietitian at Boston Children's Hospital for 17 years specializing in critical care, nutrition research and more recently nephrology. My professional interests include pediatric nutrition support, growth and nutrition and malnutrition. While not at work I enjoy long distance running and generally any outdoor activity especially hiking in the white mountains with my family and dogs.

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Faculty



Jeff Saland, MD

Dr. Saland is an Associate Professor of Pediatrics at the Icahn School of Medicine at Mount Sinai and Chief of the Division of Pediatric Nephrology and Hypertension. He received his MD from the University of New Mexico, completed pediatric residency training at the Children's National Medical Center in Washington, D.C., and split his nephrology training between the University of Texas Southwestern Medical School in Dallas and Mount Sinai where he also earned a Master's Degree in clinical research. Dr. Saland is also the program director for the pediatric nephrology fellowship program at Mount Sinai.

Dr. Saland has been active in the pediatric nephrology community, having served as a member of the clinical affairs committee of the American Society of Pediatric Nephrology, as a member of the editorial board of the journal *Pediatric Nephrology*, and as a site investigator and steering committee member for the Chronic Kidney Disease in Children Study. In addition to a broad clinical practice in pediatric nephrology and hypertension and kidney transplantation, Dr. Saland has research interest in dyslipidemia of CKD, atypical HUS, and primary hyperoxaluria.



Michele I. Sasso, MBA

Michele I. Sasso is Director, Clinical Programs and Technology at Boston Children's Hospital, Department of Accountable Care & Clinical Integration (DACCI). She leads a multidisciplinary team responsible for over 30 clinical pilots, projects, or programs, for the system's Medicaid and commercial accountable care contracts, and oversee clinical integration efforts among the community, primary care, and specialty care setting. She is responsible for strategy and execution of new models of care coordination for children with medical complexity including staffing models, financial projections, digital and technology tool selection and implementation, and clinic workflow design changes. In addition, she is Adjunct Faculty, Health Law, Policy, and Management at Boston University School of Public Health where she teaches and advises graduate-level students in healthcare strategy, program management, and delivery system innovation. She sits on the Healthcare Management Steering Committee to counsel on masters degree curriculum.



William E. Smoyer, MD

Dr. Smoyer serves as Vice President for Clinical and Translational Research at the Research Institute at Nationwide Children's Hospital (NCH) in Columbus, Ohio, and as Director of the NCH Center for Clinical and Translational Research. He is also a Professor of Pediatrics at The Ohio State University and serves as the Co-PI for the OSU Center for Clinical and Translational Sciences (CCTS), representing the Child Health component of the CCTS. Prior to joining NCH, Dr. Smoyer also served as both the Pediatric Nephrology Division Director and Fellowship Program Director at the University of Michigan, which also included extensive mentoring of both fellows and junior faculty members regarding career and research program development.

For the past 28 years, Dr. Smoyer has focused his career on basic, clinical, and translational research to improve our understanding of the molecular regulation of podocyte injury during nephrotic syndrome, and to develop more effective and safer novel treatments for childhood nephrotic syndrome. His work has led to publications in the *Journal of Clinical Investigation*, *FASEB*, the *Journal of the American Society of Nephrology*, *Kidney International*, as well as several subspecialty journals.

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Faculty



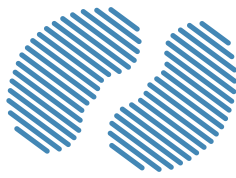
Kaitlyn Virola, LMSW

Kaitlyn Virola, LMSW is a pediatric social worker in the renal department at Texas Children's Hospital. She currently resides in Houston, TX with her loving husband, precious baby boy, and beloved dog and cat. Kaitlyn graduated with a Bachelor of Arts degree in Psychology from Binghamton University in 2011, and a Master of Social Work degree from Florida Gulf Coast University in 2017. She became passionate about serving and helping others during her time with Americorps, where she worked as a Patient Navigator for American Cancer Society. This evolved into a desire to become a medical social worker. Currently, her primary role is working with pediatric patients in the renal clinic at Texas Children's Hospital, which sees children with a wide range of renal diseases.



Aaron Wightman, MD, MA

Dr. Wightman is an Associate Professor of Pediatrics in the Divisions of Pediatric Nephrology and Bioethics and Palliative Care and an Adjunct Associate Professor of Bioethics and Humanities at the University of Washington School of Medicine and a member of the Treuman Katz Center for Pediatric Bioethics at the Seattle Children's Hospital Research Institute. Dr. Wightman's research interests focus on medical decision-making for children with complex, chronic medical conditions.



American Society of Pediatric Nephrology

Conference Chair

Ewa Elenberg, MD, MEd
Texas Children's Hospital
Baylor College of Medicine
Houston, TX

Organizing Committee

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Holtz Children's Hospital
University of Miami
Miami, FL

Heidi Colbert, MSW

Children's National Hospital
Washington, DC

Alex Constantinescu, MD

Joe DiMaggio Children's Hospital
Hollywood, FL

Marisa Juarez, MPH, RD, LD

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Courtney E. Schultz, RN

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Madison, WI

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Children's National Hospital
Washington, DC

Contact us at:
info@asneph.org
703-556-9222

MEETING & REGISTRATION WEBSITE:

www.aspneph.org/8th-annual-multidisciplinary-symposium/

REGISTRATION DEADLINE: November 11, 2020

FEES:

ASPN Affiliate Members	\$50.00
Non-members*	\$85.00

ADDITIONAL INFORMATION

CEU Credits: CEU credits will be available for Dietitians, Nurses, and Social Workers. 8 credits will be available for Dietitians from the Academy of Nutrition and Dietetics, 8 credits will be available for Social Workers from the National Association of Social Workers, and 8 credits will be available to Nurses from the Georgia Nurses Association. Please note that credits will be available upon completion of the evaluation form. This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

***Affiliate Membership:** The non-member fee includes ASPN Affiliate membership for the 2021 dues year.

Meeting Materials will be available for meeting attendees after the meeting at

www.aspneph.org/8th-annual-multidisciplinary-symposium/.

ABOUT THE ASPN

The American Society of Pediatric Nephrology is an organization of pediatric nephrologists and affiliated health care professionals. Its primary goals are to promote optimal care for children with kidney disease through advocacy, education and research; and to disseminate advances in clinical practice and scientific investigation. The Society accepts membership applications year round. For more information, visit www.ASPNeph.org.

WHO SHOULD ATTEND

Nurses, Social Workers, Dietitians, Child Life Specialists, Psychologists, or anyone who works on a Pediatric Nephrology Team

**8th ANNUAL ASPN
MULTIDISCIPLINARY SYMPOSIUM**